





~ by Julia Arstegi ~

WELL, I BETTER  
GET CHANGED AND  
START ON MY TRAINING.  
HUMPH



sigh



iah

sign



Y-YOU!!  
YOU ALWAYS

APPEAR AT  
THE WORST  
MOMENTS!...

shhhhh.



just  
look.



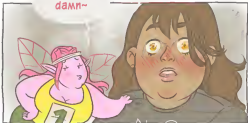






**FREE!**

hmm-hm,  
girl, he looks  
damn~



IT'S  
LIKE...

AS IF...

HE'S ENJOYING

HIS OWN BODY...

MOVING WITH...  
SUCH *BLISS*...

hm...  
not exactly  
what I was  
going for...



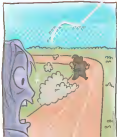






Wh...  
what...

Jo...



YOU GO,  
JO!!

**ATTA**

GIRL!!!





Wheeze...

I'm sorry...

I suck...

I'll never  
do that



again...



ARE YOU  
KIDDING ME?!!





YOU HAVE  
A TALENT.



can you  
pleash stahp  
crushing my  
face?



EVERYBODY  
SUCKS WHEN  
THEY'VE JUST  
STARTED AT  
SOMETHING!

YOU'RE  
AMAZINGLY  
FAST!

BREATH AND  
RESISTANCE ARE  
THINGS WE CAN  
WORK UPON!

I'LL PREPARE AN  
INTERVAL RUNNING  
ROUTINE FOR YOU!

We'll start  
slow!



that's... a  
lot of work you're  
putting into this...

SAY,  
TOM...



YES?



WHAT'S IN IT  
FOR YOU?!

urk





**Big Jo** updates every Monday!



*I am  
Tumblr  
famous!*

*I don't even  
know some of  
my followers!*



 [arostegi.tumblr.com](http://arostegi.tumblr.com)

 [@JuliaArostegi](https://twitter.com/JuliaArostegi)

 [facebook.com/bigjocomic](https://facebook.com/bigjocomic)

 [@arostegi](https://www.instagram.com/arostegi)

Have some Panart lying around?  
Send them to me at:



[big.jo.Panart@gmail.com](mailto:big.jo.Panart@gmail.com)



[Facebook.com/BigJoComic](https://www.facebook.com/BigJoComic)



Wow, they all look so awesome!